

Early Care & Education Insider

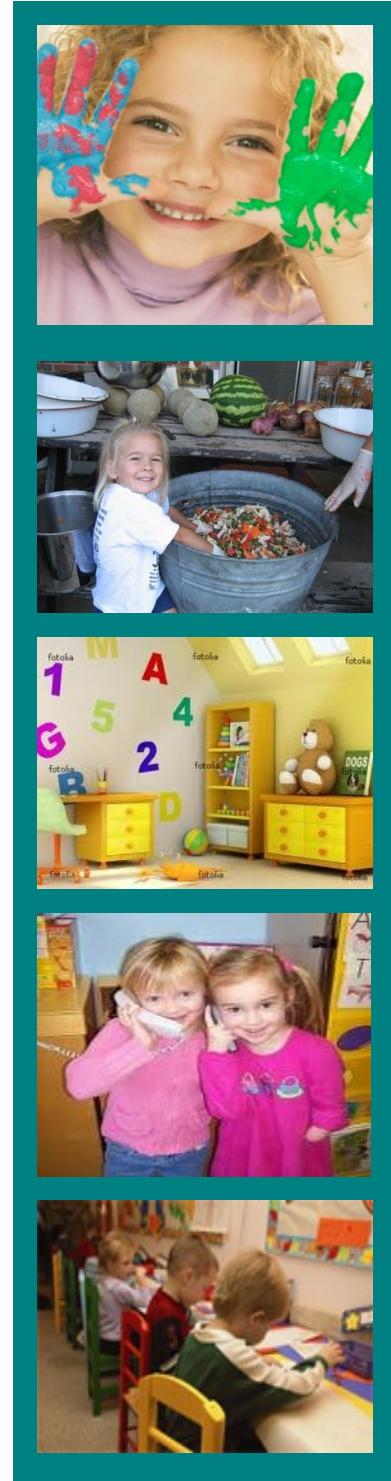
CHILD DEVELOPMENT FOR PRESCHOOLERS—Three to four year olds are often referred to as preschoolers. Preschoolers have an enormous capacity for learning and are constantly on the move, exploring their world with exuberance, curiosity, and seemingly endless sources of energy. They learn and develop from every experience, relationship, and adventure they encounter; wanting to touch, taste, smell, hear, and test things for themselves. Having the space and opportunity to explore objects and play environments helps preschool children to develop and master **cognitive, language, gross motor, fine motor, and social-emotional** skills that are essential for future development. Providing activities and experiences that are enjoyable and meaningful promote positive learning outcomes.

The **cognitive** domain deals with the development of the brain and thinking skills—basic recognition, understanding, and reasoning of how the world around them works. Preschoolers learn best by handling and exploring real objects vs. "sit still and listen" instructions. Classrooms should include realistic and nonrealistic props which allow children to play out real experiences in their lives.

Suggested Activities: (1) Hide and Seek (count by twos, fives, tens); (2) I Spy (colors, shapes, textures, smells, other adjectives); (3) Charades; (4) "Hotter/Colder" (hide something and guide with clues to proximity). Other activities that promote/enhance cognitive thinking includes puzzles, simple scientific experiments, problem-solving activities, quantifying and counting games, blocks, and cooking.

The **language** domain covers communication skills - both receptive and expressive language. Receptive language skills are those skills that allow a preschooler to understand and respond to language spoken to him/her. Expressive language is the ability of the preschooler to communicate wants and needs to others. Positive language development increases when opportunities for language experience is provided.

Suggested Activities: (1) Place the names of common objects around the classroom, such as door, floor, and wall. Point to the words and say them. Encourage your preschooler to repeat after you. (2) Look at a picture book of animals. Point to each animal, say its name, and make its sound. Again, encourage your preschooler to repeat after you.



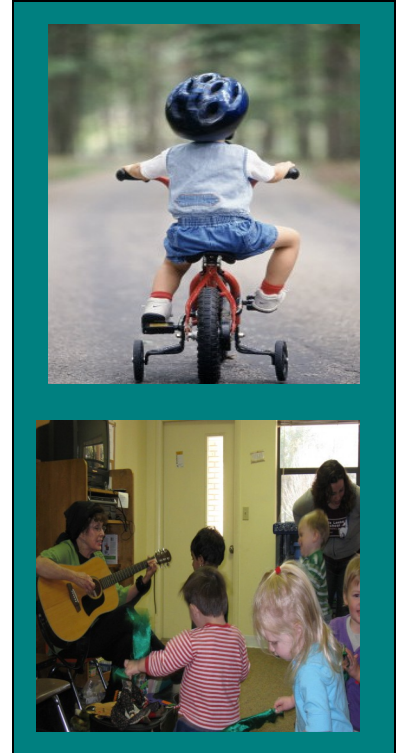
CHILD DEVELOPMENT FOR PRESCHOOLERS Cont.

The **gross motor** and **fine motor** domains both deal with movement. Gross motor skills relate to movements such as walking, jumping, running and hopping. Fine motor skills include movements such as grasping objects with fingers, scribbling and writing, and stacking objects such as blocks.

***Suggested Activities:** (1) Practice walking on tiptoe together; (2) Take turns throwing a ball into an empty wastebasket or box; (3) Practice stacking towers of blocks or boxes.*

The **social-emotional** domain deals with socialization skills such as potty learning, learning simple manners, and understanding and expressing feelings. Preschoolers become interested in fantasy play and imaginary friends which allows children to safely act out different roles and strong feelings in acceptable ways. They learn to resolve conflicts with adults/other children in ways that will help them vent frustrations and maintain self-esteem. Also, typical childhood fears like that of "the monster in the closet" emerge. These fears are normal.

***Suggested Activities:** (1) Make up songs about everyday routines. ("This is the way we brush our teeth"); (2) Talk about and practice using words such as "please", "thank you", "may I", and "excuse me".*



These and other suggested preschool activities can be found at the following websites:

www.ncc.org/Child.Dev/presch.dev.html
www.preschoolactivitybox.com
eceducation.blogspot.com
www.earlychildhoodnews.com

Are you a Registered Vendor providing childcare to children receiving DSS subsidy?

- Are you interested in getting your state license?
- Would you like to have monthly visits from an Early Care and Education Specialist?
- Find out how the ECE staff can assist you in taking this step and learn about start-up grants.
- Funding may also be available to help with the cost of licensing.

Contact Kathy Edwards, Director of Early Care and Education, at The Community Partnership. Call (573)368-2849 or toll-free (888)541-4636 or visit our website at www.thecommunitypartnership.org



Parents as Teachers—Periodic Screenings are designed to monitor children for developmental progress around cognitive, language, social-emotional, and motor skills, and spot vision, hearing, and health issues. The goal is to provide early detection of potential problems which could cause difficulties later.

PAT will screen your child, by appointment, in your home or in the PAT Office. Monthly screenings are held at the First Methodist Church located at 803 N. Main Street, Rolla. Those dates are:

October 30	November 17	January 19
February 16	March 23	April 20.

You do not have to be enrolled in PAT to have your child screened! For more information call 573-458-0193 or visit the PAT website at www.parentsasteachers.org.



**Child Care Aware® of Missouri, Central Region
(formerly MOCCRRN Mid Missouri)
2503 West Ash, Suite A, Columbia, MO 65203
573-445-5437 or 800-243-9685**

www.mocccrrn.org/midmissouri

The following training events are sponsored by Child Care Aware® of Missouri and Missouri Afterschool Network. For information, including registration instructions, trainers, and costs, please log onto the website identified above.

Child Care Center Orientation - Clock Hours: 2 - For childcare centers only. Overview of how to operate the food program, and manage the CACFP paperwork in your childcare center. Attendance required for new child care centers before application is approved.

Thursday, November 4, 2010	9:30 AM - 3:00 PM	City: Springfield (County: Greene)
Wednesday, November 10, 2010	9:00 AM - 3:00 PM	City: Jefferson City (County: Cole)
Thursday, December 2, 2010	9:30 AM - 3:00 PM	City: Springfield (County: Greene)
Tuesday, December 7, 2010	9:00 AM - 3:00 PM	City: Jefferson City (County: Cole)

Art Appreciation 101 for Young Children - Clock Hours: 2 - This workshop will be divided into three (3) areas: What is Art? Talk with children about Art. Appreciating other's Artwork.

Thursday, November 4, 2010 6:00 PM - 8:00 PM City: Osage Beach (County: Camden)

"How to Turn Good Play Into GREAT Play" & "Understanding Children's Sleep Needs" -

Clock Hours: 3 Focuses on a developmental look at play to help participants understand what types of play skills can be expected from typically developing children of various ages. Workshop attendees will have an opportunity to observe children of various ages and assess children's play skills, using an assessment scale in the handouts. See and hear from child care providers as they model the adult's role in helping children enhance their play skills. Sleep needs and problems of children and how to address those issues in a partnership with parents will be presented during the last hour.

Tuesday, November 16, 2010 6:00 PM - 9:00 PM City: Waynesville (County: Pulaski)

REMINDERS

PACE (Providers Advance through Continuing Education)

Presented by:
Karen Daily & Danielle Barr

Saturday, November 20, 2010
9:00 am-4:00 pm

Sponsored by: Child Care Aware® of Missouri

Effects of Meth on Children
Presented by: Ms. Tarra Winters

Tuesday, November 16, 2010
6:30 pm to 8:30 pm

Sponsored by: The Community Partnership
Early Care & Education

For more information, see FLYER provided with newsletter

FLU SHOTS ARE AVAILABLE

- **Phelps-Maries County Health Department**
Address: 200 N Main, Suite G51, Rolla, MO
Phone: 573-458-6010
- **Dent County Health Center**
Address: 601 S. MacArthur, Salem, MO
Phone: 573-729-3106
- **Crawford County Health Department**
Address: 202 West Main Street, Steelville, MO
Phone: 573-775-2555
- **Pulaski County Health Department**
Address: 101 12th Street, Crocker, MO
Phone: 573-736-2217

The Community Partnership
1101 Hauck Drive
Rolla MO 65401

Phone: 573-368-2849
Fax: 573-368-3911

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RETURN SERVICE REQUESTED



Come visit us on the Web!

www.thecommunitypartnership.org

Visit The Community Partnership's website and click on "Our Programs." The drop down box offers all of the Partnership's programs, including Early Care & Education and Educare. Discover what each program has to offer, find links to local resources, and visit the Trainings & Meetings link for a list of our upcoming meetings, training opportunities, and clock hours.

EDUCARE SUPPORT GROUP: Come enjoy networking time with other childcare providers who also understand that working with young children each day can be rewarding and challenging. We will discuss resources available to area childcare providers and you will be given the chance to share your ideas. Please join us for this opportunity.

EDUCATIONAL OPPORTUNITIES: For additional information regarding each educational event, please refer to the enclosed inserts (some are two sided) or visit us at: www.thecommunitypartnership.org. All Educare Support Groups and Educational Opportunities will be held in the board room at the following address, unless otherwise stated on event flyer:

EDUCATIONAL EVENT(S)	DATE	TIME	CLOCKHOURS
CPR Certification or CPR Renewal and First Aid — Registration & payment is required before date of training.	Saturday, January 8, 2011	8:00 am to 4:00 pm	Yes
Subsidy Orientation Trainings — Pre-registration is required.	Wednesday, November 17, 2010 Wednesday, December 15, 2010 Wednesday, January 12, 2011	9:00 to Noon	0
Educare Support Group Meetings	Monday, September 20 Thursday, October 21 Tuesday, November 16	6:00-9:00 pm	0
Child Development for Preschoolers	Thursday, October 21	6:30—8:30 pm	2
Effects of Meth on Children	Tuesday, November 16	6:30—8:30 pm	2
Understanding & Handling Biting	Monday, December 13	6:30—8:30 pm	2

THE COMMUNITY PARTNERSHIP
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